



PSHE Curriculum Overview



"Coming together is a beginning. Keeping together is progress. Working together is success."

Intent: To create a happy and safe environment where children are able to take risks, develop relationships and embrace learning opportunities for their future.

	Year 1	Year 2	Year 3
Autumn	KEEPING/STAYING SAFE	KEEPING/STAYING SAFE	KEEPING/STAYING SAFE
	<ul style="list-style-type: none"> Road safety 	<ul style="list-style-type: none"> Safe and risky choices 	<ul style="list-style-type: none"> Know how to keep safe / Trusted adults Recognise risky situations / choices
	BEING RESPONSIBLE	BEING RESPONSIBLE	BEING RESPONSIBLE
	<ul style="list-style-type: none"> Know what you are responsible for How can you help people around you 	<ul style="list-style-type: none"> Setting goals / perseverance Recognise kind & thoughtful behaviours Risks of talking to people they don't know 	<ul style="list-style-type: none"> Stealing
Spring	FEELINGS AND EMOTIONS	FEELINGS AND EMOTIONS	FEELINGS AND EMOTIONS
	<ul style="list-style-type: none"> Understand a range of emotions Explore jealousy 	<ul style="list-style-type: none"> Recognise & name emotions & their physical effects Explore worry & anger 	<ul style="list-style-type: none"> Recognise & name emotions & their physical effects Explore grief
	KEEPING/STAYING HEALTHY	KEEPING/STAYING HEALTHY	KEEPING/STAYING HEALTHY
	<ul style="list-style-type: none"> Healthy and unhealthy choices Know how germs spread and effect our health 	<ul style="list-style-type: none"> Healthy eating Brushing teeth 	<ul style="list-style-type: none"> Medicine Healthy and unhealthy choices
Summer	RELATIONSHIPS	RELATIONSHIPS	RELATIONSHIPS
	<ul style="list-style-type: none"> Friendships 	<ul style="list-style-type: none"> Bullying and body language Recognise and name a range of feelings 	<ul style="list-style-type: none"> Appropriate and inappropriate touch Understand personal boundaries
	COMPUTER SAFETY	COMPUTER SAFETY	COMPUTER SAFETY
	<ul style="list-style-type: none"> Online bullying Understand rules to keep safe 	<ul style="list-style-type: none"> Image sharing online 	<ul style="list-style-type: none"> Making friends online Know how to keep safe online
Summer	HAZARD WATCH	HAZARD WATCH	HAZARD WATCH
	<ul style="list-style-type: none"> Know what items are safe/unsafe to play with 	<ul style="list-style-type: none"> Potential dangers in different environments 	<ul style="list-style-type: none"> Know food & drink items that are safe/unsafe Name dangers that can affect others
	OUR WORLD	OUR WORLD	OUR WORLD
	<ul style="list-style-type: none"> Growing in our world Recognise how your family is special & unique 	<ul style="list-style-type: none"> Caring for our community and the countryside Money - ways of receiving & keeping it safe Skills needed for jobs / careers 	<ul style="list-style-type: none"> Looking after our world Reduce, reuse, recycle Reducing our carbon footprint
Summer	FIRE SAFETY	FIRE SAFETY	FIRE SAFETY
	<ul style="list-style-type: none"> Emergency services are important Hoax calls 	<ul style="list-style-type: none"> Practise ways of staying safe & getting help Recognise how drivers can be distracted 	<ul style="list-style-type: none"> Knowledge of fire safety Summative assessment

	Year 4	Year 5	Year 6
Autumn	KEEPING/STAYING SAFE	KEEPING/STAYING SAFE	KEEPING/STAYING SAFE
	<ul style="list-style-type: none"> Strategies to keep ourselves and others safe Cycle safety 	<ul style="list-style-type: none"> Peer pressure 	<ul style="list-style-type: none"> Water safety
	BEING RESPONSIBLE	BEING RESPONSIBLE	BEING RESPONSIBLE
	<ul style="list-style-type: none"> Behaving in a responsible manner Being on time - rules in the home 	<ul style="list-style-type: none"> Looking out for others Taking action when someone is being unkind 	<ul style="list-style-type: none"> Stealing Consent: trust with friends & family
	FEELINGS AND EMOTIONS	FEELINGS AND EMOTIONS	FEELINGS AND EMOTIONS
	<ul style="list-style-type: none"> How we act on our emotions Supporting others that are feeling, lonely, jealous or upset 	<ul style="list-style-type: none"> Emotions can have physical effects on our body Strategies to help control anger / negative emotions 	<ul style="list-style-type: none"> Recognise how to reduce our feeling of worry Supporting others who are worried
Spring	KEEPING/STAYING HEALTHY	KEEPING/STAYING HEALTHY	KEEPING/STAYING HEALTHY
	<ul style="list-style-type: none"> Healthy living - balanced diet & healthy lifestyle 	<ul style="list-style-type: none"> Smoking / e-cigs Peer pressure 	<ul style="list-style-type: none"> Risks associated with alcohol & drugs
	GROWING & CHANGING	GROWING & CHANGING	GROWING & CHANGING
	<ul style="list-style-type: none"> Different types of relationships Healthy and unhealthy relationships Appropriate touch 	<ul style="list-style-type: none"> Puberty 	<ul style="list-style-type: none"> Conception & reproduction Laws around consent
	COMPUTER SAFETY	COMPUTER SAFETY	COMPUTER SAFETY
	<ul style="list-style-type: none"> Online bullying Positive online relationships 	<ul style="list-style-type: none"> Image sharing Influences and pressures 	<ul style="list-style-type: none"> Making friends online Age restrictions - keeping safe online & offline
Summer	A WORLD WITHOUT JUDGEMENT	A WORLD WITHOUT JUDGEMENT	A WORLD WITHOUT JUDGEMENT
	<ul style="list-style-type: none"> Breaking down barriers - promoting equality Being different is okay 	<ul style="list-style-type: none"> Inclusion and acceptance A diverse community 	<ul style="list-style-type: none"> British values Whole school values
	THE WORKING WORLD	THE WORKING WORLD	THE WORKING WORLD
	<ul style="list-style-type: none"> Ways to contribute to our home, school & community Skills we need for future job roles 	<ul style="list-style-type: none"> Enterprise 	<ul style="list-style-type: none"> In-App purchases - spending money via technology - importance of permission Money terms / strategies to save
	FIRST AID	FIRST AID	FIRST AID
	<ul style="list-style-type: none"> First Aid - providing treatment to someone struggling to breathe Correct steps for seeking help 	<ul style="list-style-type: none"> Recovery position CPR 	<ul style="list-style-type: none"> First Aid in a range of situations